

METHOD TO TAKE MEDICINE # 2

Step 1. Take 30ml/100ml of plain drinking water. Add 2 tiny pills in this and dissolve.

Step.2:Label the bottle ‘ **MEDICINE-DO NOT DRINK**’ for storing it. This is your **STOCK BOTTLE**.

Step 3. Before taking the dose, give 10 strokes to the stock bottle on a firm surface.

Step 4: From the **STOCK BOTTLE** take 20drops/1 teaspoon (5ml) of medicine and add to another tea-cupful of plain drinking water.

Step.5: Stir the medicine in the cup 10 times. Consume 20drops/ 1 teaspoon (5ml) and throw the rest.

Step 6: Repeat steps 3-to-5 every time you need to take the dose.

Note: In case you are travelling please carry the bottle with you can continue taking the medicine in the same way.