**METHOD TO TAKE MEDICINE # 2**

**Step 1**. Take 30ml/100ml of plain drinking water. Add 2 tiny pills in this and dissolve.

**Step.2**:Label the bottle **‘ MEDICINE-DO NOT DRINK”** for storing it. This is your **STOCK BOTTLE**.

**Step 3.** Before taking the dose, give 10 strokes to the stock bottle on a firm surface.

**Step 4:** From the STOCK BOTTLE take 20drops/1 teaspoon (5ml) of medicine and add to another tea-cupful of plain drinking water.

**Step.5:** Stir the medicine in the cup 10 times. Consume 20drops/ 1 teaspoon (5ml) and throw the rest.

**Step 6:** Repeat steps 3-to-5 every time you need to take the dose.

Note: In case you are travelling please carry the bottle with you can continue taking the medicine in the same way.